

# List of Plants

## C STIGMASTANOL

Chemid

STIGMASTANOL

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Plant Part	Low PPM	High PPM	StdDev	*Reference
Ananas comosus	Leaf	--	--		Wealth of India.
Avena sativa	Seed	--	--		*
Avena sativa	Leaf	--	--		*
Calendula officinalis	Sprout Seedling	--	--		*
Coix lacryma-jobi	Plant	--	--		*
Moringa oleifera	Seed	--	--		*
Nigella sativa	Seed Oil	--	--		*
Piper methysticum	Rhizome	--	--		*
Tilia sp.	Wood	--	--		*
Valeriana officinalis	Plant	--	--		Lokar, L. C., Martini, F. 1997. Chemotaxonomic Investigations on the Genus Valeriana L. in the Northeastern Italy and in Tuscany. I. Phytosterols. Dept. of Biology, University of Trieste. Allionia 35: 103-115.